



NEWSTEAD WOOD SCHOOL

"creating opportunities for success"

22 January 2026

Dear Parent/Carer,

Year 12 Sexual Health RSE Talk – Friday 30 January 2026

As a part of your child's education at Newstead Wood School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) & Relationships and Sex Education (RSE) program. PSHE & RSE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that your child's year group will be attending an assembly on Friday 30 January, focusing on the sexual health aspect of the curriculum.

What will be covered?

The session will be delivered by the NHS Community Outreach Team and the content of the sessions will focus on:

- Consent and how to give and receive consent
- Sexually Transmitted Infections (STIs) and Contraception
- Where to find NHS services
- London C-Card Scheme

The session is to raise awareness and promote safe practices and will not be encouraging sexual activity.

Yours sincerely,

Ms A Norris
Director of Safeguarding and Wellbeing

Headteacher: Mr Paul Norman MA, MSc, BSc (Hons), PGCE

Newstead Wood School is part of United Learning. United Learning comprises: UCST (Registered in England No: 2780748. Charity No. 1016538) and ULT (Registered in England No. 4439859. An Exempt Charity). Companies limited by guarantee. VAT number 834 8515 12. Registered address: United Learning, Worldwide House, Thorpe Wood, Peterborough, PE3 6SB.

Newstead Wood School

Avebury Road

Orpington

Kent

t: 01689 853626

e: office@newsteadwood.co.uk

w: newsteadwood.co.uk

