



NEWSTEAD WOOD SCHOOL

"creating opportunities for success"

22 January 2026

Dear Parent/Carer,

Year 12 Sexual Health RSE Talk – Friday 30 January 2026

As a part of your child's education at Newstead Wood School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) & Relationships and Sex Education (RSE) program. PSHE & RSE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that your child's year group will be attending an assembly on Friday 30 January, focusing on the sexual health aspect of the curriculum.

What will be covered?

The session will be delivered by the NHS Community Outreach Team and the content of the sessions will focus on:

- Consent and how to give and receive consent
- Sexually Transmitted Infections (STIs) and Contraception
- Where to find NHS services
- London C-Card Scheme

The session is to raise awareness and promote safe practices and will not be encouraging sexual activity.

Yours sincerely,

Ms A Norris
Director of Safeguarding and Wellbeing

Headteacher: Mr Paul Norman MA, MSc, BSc (Hons), PGCE

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